



## The Gateless Gate of Zen: Traditional Wisdom, Koans Stories to Enlighten Everyone (Paperback)

By Wes Burgess MD PhD

Createspace, United States, 2012. Paperback. Book Condition: New. 244 x 170 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Gateless Gate of Zen is a traditional collection of stories and essays, called koans, that were used by the ancient priests to teach Zen to their students. It contains the complete comments and verses of the original Chinese Zen masters from the 1228 edition, now in modern language. The Gateless Gate deepens Zen understanding and helps bring the experience of Zen inspiration and clarity into your daily life. Its recurring theme is the attainment of satori, a mental awakening and state of clarity equivalent to epiphany, Tao, prajna, and spiritual enlightenment. The Gateless Gate of Zen also contains guidelines to understanding the koans, a psychological explanation of spiritual enlightenment, and instructions for Zen meditation. It reveals the personalities of the famous Zen masters through their own words and teachings, explaining basic Buddhist ideology and Chinese history essential for understanding the koans. If you are interested in the rich heritage of Zen, Eastern philosophy, comparative religion, spiritual growth, meditation, Chinese history, and Oriental culture, you will reap the wealth contained in The Gateless Gate of Zen. This is...



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